

# Dinner Menu - Week 1 - 3.

| Week One        |   | Monday                                  | Tuesday  | Wednesday  | Thursday                               | Friday |
|-----------------|---|---|--|--|--|--------|
| Option 1        | Oriental Beef Meatballs with Steamed Rice | (v) Margherita Pizza with Potato Wedges | Roast Chicken with Stuffing                    | Chicken and Sweetcorn Carbonara <b>new</b>           | Breaded Fish Fingers or Salmon Fingers |        |
| Option 2 (v)    | Italian Bean Bake                         | Vegemince Bolognese with Pasta          | Vegetarian Roast                               | Tomato and Courgette Frittata with Baby New Potatoes | Vegetable Goujons                      |        |
| Served with     | Garden Peas and Sweetcorn                 | <b>Rainbow Salad</b>                    | Roast Potatoes, Carrots, Green Beans and Gravy | Vegetable Medley                                     | Chips, Garden Peas or Baked Beans      |        |
| And for Pudding | Apple Crumble with Custard                | Fresh Fruit Salad                       | Beetroot Brownie                               | Dinky Doughnuts                                      | Shortbread with a Melon Wedge          |        |

Filled Jacket Potatoes and Packed Lunch Options are available daily. Please check with your school.

Week One: 12 Apr / 3 May / 24 May / 21 Jun / 12 Jul / 13 Sept / 4 Oct

| Week Two        |   | Monday   | Tuesday   | Wednesday   | Thursday                          | Friday |
|-----------------|---|--|---|---|-----------------------------------|--------|
| Option 1        | (v) Margherita Pizza with Baby New Potatoes | Chicken Curry with Steamed Rice and Naan Bread | Sausages with Yorkshire Pudding                 | Beef Bolognese with Pasta and Garlic Bread        | Breaded Fish Fingers              |        |
| Option 2 (v)    | Vegemince and Bean Chilli with Steamed Rice | Cheesy Pasta                                   | Veggie Sausage with Yorkshire Pudding           | Vegetarian Enchilada with Garlic Bread <b>new</b> | Cheese and Tomato Quiche          |        |
| Served with     | <b>Rainbow Salad</b>                        | Vegetable Medley                               | Mashed Potatoes, Carrots, Garden Peas and Gravy | Broccoli  | Chips, Garden Peas or Baked Beans |        |
| And for Pudding | Oaty Bar with Orange Wedges                 | Lemon Cupcake                                  | Toffee Cream Shortbread <b>new</b>              | Fresh Fruit Salad                                 | Fruit Jelly                       |        |

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Week Two: 19 Apr / 10 May / 7 Jun / 28 Jun / 19 Jul / 20 Sept / 11 Oct

| Week Three      |  | Monday   | Tuesday  | Wednesday  | Thursday                           | Friday |
|-----------------|--|--|--|--|------------------------------------|--------|
| Option 1        | Breaded Chicken in a Wrap with BBQ Sauce and Potato Wedges | Beef Lasagne with Herby Bread                                  | Roast Chicken with Stuffing                      | (v) Margherita Pizza with Pasta Salad <b>new</b> | Breaded Fish Fingers <b>new</b>    |        |
| Option 2 (v)    | Vegemince Bolognese with Pasta                             | Sweet Potato and Lentil Curry with Steamed Rice and Naan Bread | Lentil Roast                                     | Sweet and Sour Vegballs with Steamed Rice        | Cheese and Onion Pastry Parcel     |        |
| Served with     | <b>Rainbow Salad</b>                                       | Garden Peas and Cauliflower                                    | Roast Potatoes, Spring Greens, Carrots and Gravy | Sweetcorn  | Chips, Garden Peas or Baked Beans  |        |
| And for Pudding | Fresh Fruit Salad  | Ice Cream Tub  | Flapjack with Apple Wedges                       | Cocoa Krispie Bar                                | Cherry Bakewell Cupcake <b>new</b> |        |

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Week Three: 26 Apr / 17 May / 14 Jun / 5 Jul / 6 Sept / 27 Sept / 18 Oct